# Minutes of the Meeting of Directors of Status: Code 4, Inc. (SC4i)

Date: October 21, 2019

Location: 2860 South Circle Drive, Ste. 300, Colorado Springs, CO 80906

Miles DeYoung acted as chairperson, and Ann Rush acted as secretary of the meeting. The meeting was called to order at 1730.

The following directors, constituting a quorum, were present at the meeting: (Present in person): Miles DeYoung, Daniel Crampton, Fr. John Stearns and Ann Rush.

## Board Meeting's Notes:

- Approve Board Meeting notes from September 16, 2019
- Events that have occurred since September 16, 2019
- On-going activities
- Budget
- Marketing Results and Plans for 2019 2020

# Proceedings:

- 1) Review of last board meeting's minute notes for September 16, 2019:
  - The attached (Attch. 1) meeting minutes from the Board Meeting for September 16, 2019 were provided to be approved.
- 2) Events that have occurred since September 16, 2019:
  - Conducting Mental Readiness training:
    - MHFA Older Adult Module to Silver Keys Staff on October 14, 2019
  - Conducted Fort Carson Regional Peer Support Training dates with Fort Carson 23 – 27 September 2019. Fountain and Security Peer Support members were invited.
  - Joined El Paso County Suicide Prevention Council for First Responder component
     will be working with El Paso County Sheriff's Department
    - Provide link for AF Suicide Postvention to Board https://www.resilience.af.mil/Postvention-Tools/
  - Participated with Booths at the following events:

- Peak View Behavioral Health (October 1, 2019) Suicide Awareness Discussion with Jason Foundation (National Suicide Prevention Organization)
- Invited/Attended Denver's Public Safety Luncheon as a nonprofit supporter for Denver's First Responders
- Met with El Paso Sheriff's Office Behavioral Health Staff on October 21, 2019
- Provided 64 1 to 1.5 hour sessions of individual counseling. We have now completed 955 counseling sessions worth \$143,250 of trauma counseling at no cost to Colorado First Responders.

## 3) Current ongoing efforts:

- Received \$10K Grant from Telligen Community Initiative for 2019 to update our EMDR capabilities to support local and rural (on-line) clients. This also includes 12 trips to remote locations.
  - o Obtained office EMDR equipment on July 19, 2019
  - Contacted RETAC POCs for all SE Quadrant regions with information.
     Colorado DA's have offered to help us contact LE POCs in this region as well.
  - Currently assessing online EMDR platform for effort. Will most likely go with Virtual EMDR
  - o Mid-term report due December 2019.
- Participating at NAMI's Open House on October 23, 2019 from 1600 1900.
   Looking for potential collaboration activities for Depression and PTSD.
- Participating at Guffey's Health Fair on October 26, 2019 from 0900 1300.
- Our first intern will begin in November 2019 to support our organization for at least the next 3 months.
- Providing Liberty High School's EMT class with 2-hour Mental Awareness Class on November 23, 2019.
- Lifelines Documentary Series:
  - $\circ$  Finished final short film in series and are now working in a facilitator guide to go with series 1<sup>st</sup> draft by Dec 15.
  - Cooking for ways to raise \$15K for Adult Loved One film and a new production company. Proposing a Family PTSD Training Program that will include this film. May have an easier time with garnering funds and support for the film.
    - Have been researching various production companies and in discussions with Bolt Video. They are more in line with what we are doing than SWB and the costs are lower as well. https://www.bolt.video/pricing

- We would be looking at the \$3000 package for our family video and there may be additional smaller videos we can produce in the future to market SC4i and also hit on smaller topics as well.
- Submitted a \$10K grant package to CS Osteopathic Foundation on June 20, 2019. We made the first cut! Received notice that we will receive an on-site visit for September 19, 2019. Final Grant Award decision will occur in October/November 2019.
- Supporting Woodland Park Police Department Mental Health Services under the Peace Officers Mental Health Grant Program Goes through June 30, 2020
  - o Providing up to 20 hours of counseling per month
  - Providing Quarterly Training for employees
  - o Providing Monthly/Quarterly Peer Supporter Training
  - Providing 2 Peer Support Training Sessions (1 completed/1 scheduled)
  - o Conducting **Annual Mental Readiness Check** (not fit for duty) in Fall 2019
  - Cedar Springs Hospital will be sponsoring Peer Support Manuals
- Peer Support Training Development
  - Working with the following regional teams to provide Peer Support Training session for 2019:
  - Ute Pass Regional (Winter Session) will be January 8 14, 2020
  - o Fort Carson Peer Regional is tentatively planned for early 2020.
  - Potential with working with El Paso Co Sheriff's staff (deputy, co and dispatch) Carl Simpson (El Paso/Teller 911 Authority) Bob Swales (EPCSO chaplain) Miles to introduce Carl to Ann via email.
- Networking and determining potential partners Ongoing
  - Spoke with UCHealth's Lifeline Medical Helicopter Support They want to do more with our organization
  - Working with Cedar Springs Hospital and they are open to sponsoring a few of our initiatives
  - Met with Angels of America's Fallen and Pikes Peak Suicide Prevention Org to do fundraising and collaboration opportunities
- "Code 4 Together" PTS support groups. Meetings occur weekly on Tuesday (1800 1930) and Friday (0900 1030).
- Currently working on Social Media, Volunteer and Donor Plans
- 4) Current budget:
  - Review current 2019 budget
  - Major Non-recurring Expenses

- 5) Marketing Plan -
  - Created generic grant request package to pursue operational grant funding
  - Evaluating other grant and funding options for FY2019 and 2020
    - o Purchased Grantstation Annual Subscription for \$79 (usually \$699)
    - o Moniker Foundation for 2020. Package is due in March 2020. Will be requesting \$7K for Neurofeedback upgrade (QEEG) to support local clients.
  - IndyGive 2019:
    - Participated in PSA that will air on Fox 21 from Nov 1 Dec 31.
    - o Participating in a Give!ing Thanks in the Forest event in Black Forest, CO on Saturday November 23.
  - Turkey Shoot Fundraiser (Sep 19 or 26 2020) Magnum, Angels of American's Fallen and SC4i. Currently in planning Stage.
  - 3<sup>rd</sup> Annual Golf Tournament May 8, 2020. Currently in planning stage.
  - Check CFC and United Health Care charity programs.
  - Contact Walmart Foundation (talk to district or regional manager)
- 6) Events for possible attendance and exhibit booth
  - Any recommendations for early next year conferences?
    - o UC Health Trauma Conference (August 23 24, 2020) via booth scholarship
    - o Recommend we attend the Fire Chiefs' Dinner as participant
    - o EMS Safety Summit, April 2020 via booth scholarship
    - Colorado Victim Advocates Conference next summer may try to get a speaking slot with that
  - List will continue to be updated as new opportunities surface.

#### Future Business:

The next Board meeting is scheduled for November 18, 2019 at 1730. Note: A question came up regarding start times of our board meeting and if that start time could occur during standard business hours. It was recommended that this question be addressed at next month's agenda.

There being no further business to come before the meeting, the meeting was adjourned at 1845.

//Signed//
Jeff Burchfield
SC4I, Secretary